

# SUN AREA TECHNICAL INSTITUTE

## LUNCH MENU

Prices: \$ 2.85 – Reduced Price: \$ .40

Milk \$.50

Adult - \$3.50

APRIL 2018

<b>DAILY COOKS CHOICE OF VEGETABLE</b>  Tuesdays/Thursdays – Carrot Sticks	<b><u>Tuesday April 3</u></b> Walking Taco w/Lettuce & Tomato Seasoned Brown Rice Chilled Assorted Fruit Milk Choices	<b><u>Wednesday April 4</u></b> Homemade Stromboli Seasoned Corn Tossed Salad w/Dressing Chilled Assorted Fruit Milk Choices	<b><u>Thursday April 5</u></b> Assorted Hoagies w/Lettuce & Tomato Middleswarth Chips Chilled Assorted Fruit Milk Choices	<b><u>Friday April 6</u></b> Salisbury Steak or Hamburg Pea Gravy Mashed Potatoes Steamed Broccoli WG Roll Chilled Assorted Fruit Milk Choices
<b><u>Monday April 9</u></b> Cheeseburger on WG Roll Oven Baked Fries Baked Beans Chilled Assorted Fruit Milk Choices	<b><u>Tuesday April 10</u></b> Spaghetti w/Meat Sauce Romaine Salad w/Dressing Seasoned Green Beans Garlic Bread Chilled Assorted Fruit Milk Choices	<b><u>Wednesday April 11</u></b> Cheesesteak Cosmo w/Peppers & Onions Potato Wedges Chilled Assorted Fruit Milk Choices	<b><u>Thursday April 12</u></b> Popcorn Chicken Bowl Mashed Potatoes w/Gravy Seasoned Corn Chilled Assorted Fruit Milk Choices	<b><u>Friday April 13</u></b> Stuffed Crust Pizza Celery W/Hummus Steamed Broccoli Chilled Assorted Fruit Milk Choices
<b><u>Monday April 16</u></b> Hot Dog or Hot Sausage Sandwich w/Sauce, Peppers & Onions Oven Baked Fries Steamed Peas Chilled Assorted Fruit Milk Choices	<b><u>Tuesday April 17</u></b> Soft Taco w/Lettuce & Tomato Steamed Broccoli Chilled Assorted Fruit Milk Choices	<b><u>Wednesday April 18</u></b> Chicken Parmesan w/Spaghetti Tossed Salad w/Dressing Chilled Assorted Fruit Milk Choices	<b><u>Thursday April 19</u></b> Assorted Hoagies w/Lettuce & Tomato Middleswarth Chips Ice Cream Cup Chilled Assorted Fruit Milk Choices	<b><u>Friday April 20</u></b> Big Daddy's Pizza Or Rib B Que on WG Roll Seasoned Corn Tossed Salad w/Dressing Chilled Assorted Fruit Milk Choices
<b><u>Monday April 23</u></b> Cheeseburger on WG Roll Potato Rounds Baked Beans Chilled Assorted Fruit Milk Choices	<b><u>Tuesday April 24</u></b> General Tso's Chicken w/Rice Steamed Broccoli Chocolate Cake w/Peanut Butter Icing Chilled Assorted Fruit Milk Choices	<b><u>Wednesday April 25</u></b> <b>Breakfast for Lunch</b> French Toast Sausage Patty Hash Browns Chilled Assorted Fruit Milk Choices	<b><u>Thursday April 26</u></b> Turkey Roast Mashed Potatoes w/Gravy California Blend WG Roll Chilled Assorted Fruit Milk Choices	<b><u>Friday April 27</u></b> Shrimp Poppers or Fish Sandwich Mac & Cheese Glazed Carrots Celery w/Hummus Chilled Assorted Fruit Milk Choices
<b><u>Monday April 30</u></b> Chicken Nuggets Tater Tots Seasoned Green Beans WG Roll Chilled Assorted Fruit Milk Choices				<b>HS Weekly Bar</b> Apr 3 Stir Fry Apr 9 Pizza Bar Apr 16 Pasta Bar Apr 23 Burger Bar Apr 30 Stir Fry

Daily Optional Choices: Deli Sandwiches, Deli Wraps, PB&J Sandwich, PB&M Sandwich, Chef Salads, Optional Lunch Bar