

**SUN AREA TECHNICAL INSTITUTE
LUNCH MENU
JANUARY 2016**

Prices: \$ 2.65 – Reduced Price: \$.40

Milk \$.50 Adult - \$3.50

<p><u>Monday January 4</u> Breaded Chicken Nuggets WG Dinner Roll Seasoned Broccoli Scalloped Potatoes Chilled Assorted Fruit Milk Choices</p>	<p><u>Tuesday January 5</u> BBQ or Meatball Sandwich Seasoned Green Beans Seasoned Brown Rice Chilled Assorted Fruit Milk Choices</p>	<p><u>Wednesday January 6</u> Assorted Grilled Cheese Sandwiches Creamy Tomato Soup w/Goldfish crackers Tossed Salad w/Dressing Chilled Assorted Fruit - Milk</p>	<p><u>Thursday January 7</u> Mini Stromboli w/Dipping sauce Broccoli w/Cheese Sauce Sweet Potato Fries Chilled Assorted Fruit Milk Choices</p>	<p><u>Friday January 8</u> Shrimp Poppers Baked Beans Oven Baked Potato Rounds Chilled Assorted Fruit Milk Choices</p>
<p><u>Monday January 11</u> Chicken Patty Sandwich on WG Roll Buffalo Sauce Available Seasoned Hummus w/Celery Sticks Buttered Noodles Chilled Assorted Fruit Milk Choices</p>	<p><u>Tuesday January 12</u> Soft Tacos Red Peppers w/Dip Seasoned Rice Chilled Assorted Fruit Milk Choices</p>	<p><u>Wednesday January 13</u> Spaghetti w/Meat Sauce Romaine Salad w/Dressing Garlic Bread Chilled Assorted Fruit Milk Choices</p>	<p><u>Thursday January 14</u> Assorted Hoagies w/Lettuce & Tomato Middleswarth Chips Garbanzo Beans Ice Cream Cup Chilled Assorted Fruit Milk Choices</p>	<p><u>Friday January 15</u> Stuffed Crust Pizza Seasoned Cauliflower WG Cookie Chilled Assorted Fruit Milk Choices</p>
<p><u>Monday January 18</u> SCHOOL CLOSED ACT 80 DAY</p>	<p><u>Tuesday January 19</u> Cheese Steak Cosmo w/Sauce Sweet Potato Fries Sautéed Peppers & Onions Baked Beans Chilled Assorted Fruit Milk Choices</p>	<p><u>Wednesday January 20</u> Chicken Parmesan w/side of Spaghetti Romaine Salad w/Dressing WG Dinner Roll Chilled Assorted Fruit Milk Choices</p>	<p><u>Thursday January 21</u> Build A Burger on WG Roll w /Lettuce & Tomato Black Bean Salad Half Baked Potato w/Cheese Chilled Assorted Fruit Milk Choices</p>	<p><u>Friday January 22</u> Fish Sandwich on WG Roll Seasoned Green Beans Side of Mac & Cheese Chilled Assorted Fruit Milk Choices</p>
<p><u>Monday January 25</u> Chicken Nuggets w/WG Roll Super Sweet Potato Fries Black Beans Chilled Assorted Fruit Milk Choices</p>	<p><u>Tuesday January 26</u> Assorted Hoagies w/Lettuce & Tomato Carrots w/Dip Middleswarth Chips Chilled Assorted Fruit Milk Choices</p>	<p><u>Wednesday January 27</u> General Tso's Chicken Over Seasoned Brown Rice Seasoned Broccoli Cuts WG Dinner Roll Chilled Assorted Fruit Milk Choices</p>	<p><u>Thursday January 28</u> Popcorn Chicken Bowl Mashed Potatoes w/Gravy Seasoned Corn WG Roll Chilled Assorted Fruit Milk Choices</p>	<p><u>Friday January 29</u> Big Daddy's Pizza Seasoned Green Beans Oven Baked Fries Chilled Assorted Fruit Milk Choices</p>

Daily Optional Choices: Deli Sandwiches, Deli Wraps, PB&J Sandwich, PB&M Sandwich, Chef Salads, Optional Lunch Bar Choice