

LUNCH MENU OCTOBER 2015

			<u>Thursday October 1</u> Mini Stromboli w/Dipping sauce Broccoli w/Cheese Sauce Sweet Potato Fries Chilled Assorted Fruit Milk Choices	<u>Friday October 2</u> Hamburger on WG Roll W or w/o Cheese Baked Beans Oven Baked Potato Rounds Chilled Assorted Fruit Milk Choices
<u>Monday October 5</u> Popcorn Chicken Bowl Seasoned Corn WG Roll Mashed Potatoes w/Gravy Chilled Assorted Fruit Milk Choices	<u>Tuesday October 6</u> Homemade Stromboli w/ Dipping Sauce Red Peppers w/Dip Oven Baked Fries Chilled Assorted Fruit Milk Choices	<u>Wednesday October 7</u> Spaghetti w/Meat Sauce Romaine Salad w/Dressing Garlic Bread Chilled Assorted Fruit Milk Choices	<u>Thursday October 8</u> Assorted Hoagies w/Lettuce & Tomato Middleswarth Chips Garbanzo Beans Ice Cream Cup Chilled Assorted Fruit - Milk	<u>Friday October 9</u> Nardone's French Bread Pizza Cheesy Cauliflower Cookie (WG) Chilled Assorted Fruit Milk Choices
<u>Monday October 12</u> SCHOOL CLOSED COLUMBUS DAY NATIONAL SCHOOL LUNCH WEEK	<u>Tuesday October 13</u> Cheese Steak Cosmo w/Sauce Sweet Potato Fries Sautéed Peppers & Onions Baked Beans Chilled Assorted Fruit Milk Choices	<u>Wednesday October 14</u> Chicken Parmesan w/side of Spaghetti Romaine Salad w/Dressing WG Dinner Roll Chilled Assorted Fruit Milk Choices	<u>Thursday October 15</u> Build A Burger on WG Roll w /Lettuce & Tomato Black Bean Salad Half Baked Potato w/Cheese Chilled Assorted Fruit Milk Choices	<u>Friday October 16</u> Fish Sandwich on WG Roll Seasoned Green Beans Side of Mac & Cheese Chilled Assorted Fruit Milk Choices
<u>Monday October 19</u> Chicken Nuggets w/WG Roll Super Sweet Potato Fries Black Beans Chilled Assorted Fruit Milk Choices	<u>Tuesday October 20</u> Assorted Hoagies w/Lettuce & Tomato Carrots w/Dip Middleswarth Chips Chilled Assorted Fruit Milk Choices	<u>Wednesday October 21</u> General Tso's Chicken over Seasoned Brown Rice Seasoned Broccoli Cuts WG Dinner Roll Chilled Assorted Fruit Milk Choices	<u>Thursday October 22</u> Chicken and Waffles Mashed Potatoes w/Gravy Seasoned Corn Chilled Assorted Fruit Milk Choices	<u>Friday October 23</u> Pizza Seasoned Cauliflower Baked Beans Chilled Assorted Fruit Milk Choices
<u>Monday October 26</u> Chicken Patty Sandwich on WG Roll Buffalo Sauce Available Seasoned Hummus w/Celery Sticks Buttered Noodles Chilled Assorted Fruit - Milk	<u>Tuesday October 27</u> Walking Taco Refried Beans Seasoned Brown Rice Fresh Celery/Cucumbers Chilled Assorted Fruit Milk Choices	<u>Wednesday October 28</u> BBQ Grilled Chicken on WG Roll Oven Baked Potato Rounds Seasoned Broccoli Chilled Assorted Fruit Milk Choices	<u>Thursday October 29</u> Hot Turkey Roast Sandwich w/Gravy on WG Bread Mashed Potatoes Seasoned Green Beans Chilled Assorted Fruit Milk Choices	<u>Friday October 30</u> Assorted Toasted Cheese on WG Bread Tomato Soup w/Goldfish crackers Cooked Carrots Chilled Assorted Fruit Milk Choices

Daily Optional Choices: Deli Sandwiches, Deli Wraps, PB&J Sandwich, Chef Salads, Optional Lunch Bar Choice